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## Strengthening Quality Districts

Guidance for Massachusetts districts and schools

**Jeffrey C. Riley**  
Commissioner

April 2020



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We're here to lend a hand.

## We're here to lend a hand.

Submitted by Rebecca on Thu, 2020-04-09 14:59

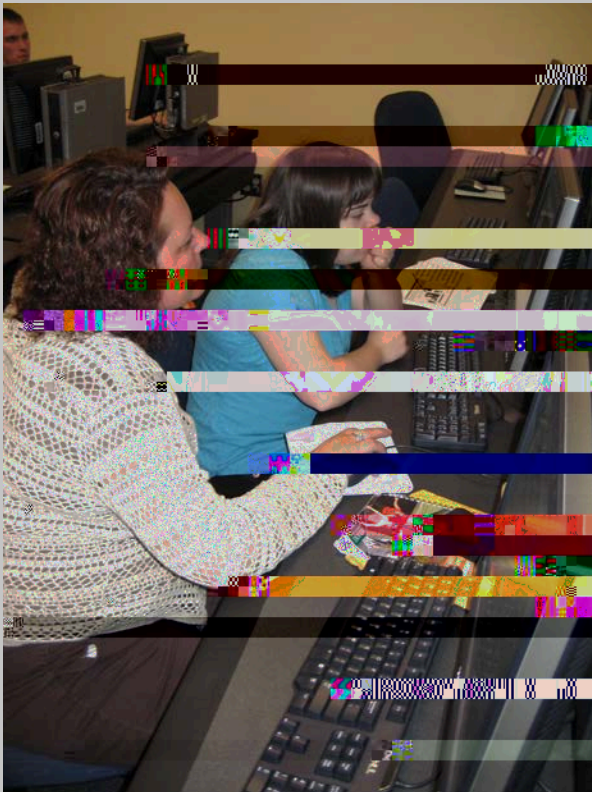


Staff at the National Coordinating Center are aware that our diverse community has a need of a wide range of supports at this time. College staff and faculty migrated from classroom-based learning to virtual environments. Internships are being run virtually. Learning opportunities are being embedded in the home environment. There is a lot of uncertainty about the future.

Below are some resources we believe may be helpful as we all cope with this ongoing reality brought on by the COVID pandemic. We will be updating this page with new resources regularly. If you have a resource that you think we should include, please send us the information at [ThinkCollege@egman.com](mailto:ThinkCollege@egman.com).

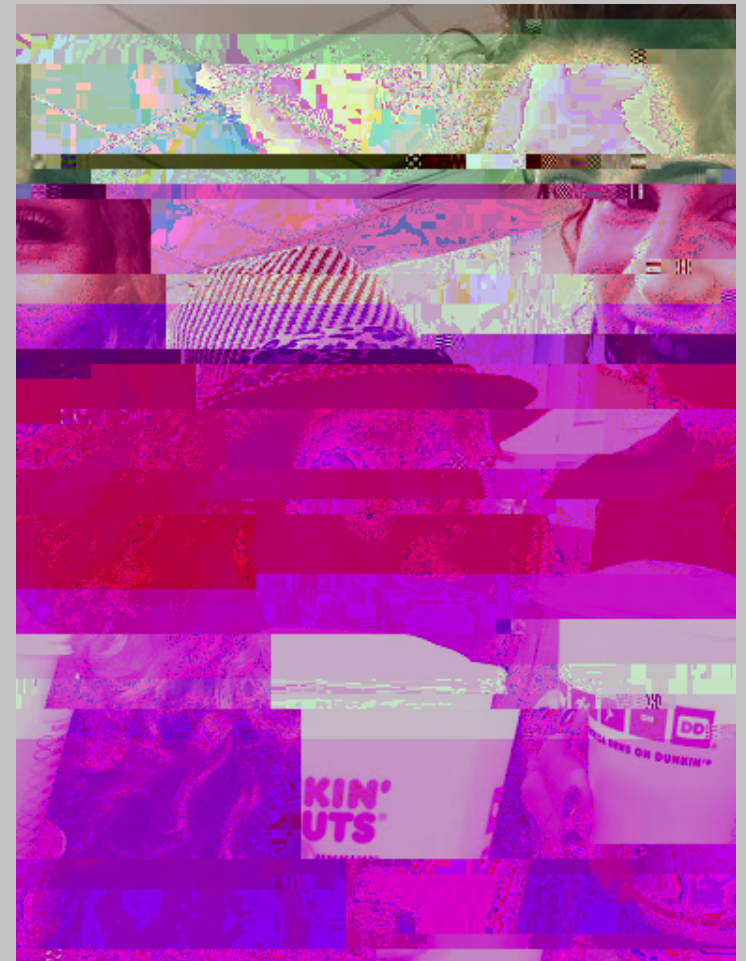
**PLAIN LANGUAGE RESOURCES ON COVID-19:** A listing of over a dozen videos, documents and presentations that explain a variety of issues related to COVID-19. They may be useful to assist students who are preparing to return to campus in learning more about what is safe as well as being helpful to those students that continue with distance education.

**Teaching & Learning Online: Strategies for Supporting Student with ID in our classes** with tips for educators to support students with intellectual disability as they move to online learning environments, (physically) away from their program and established schedules. This page shares tips on resources, including videos you can use to teach students how to use Zoom.



Students  
and  
coaches





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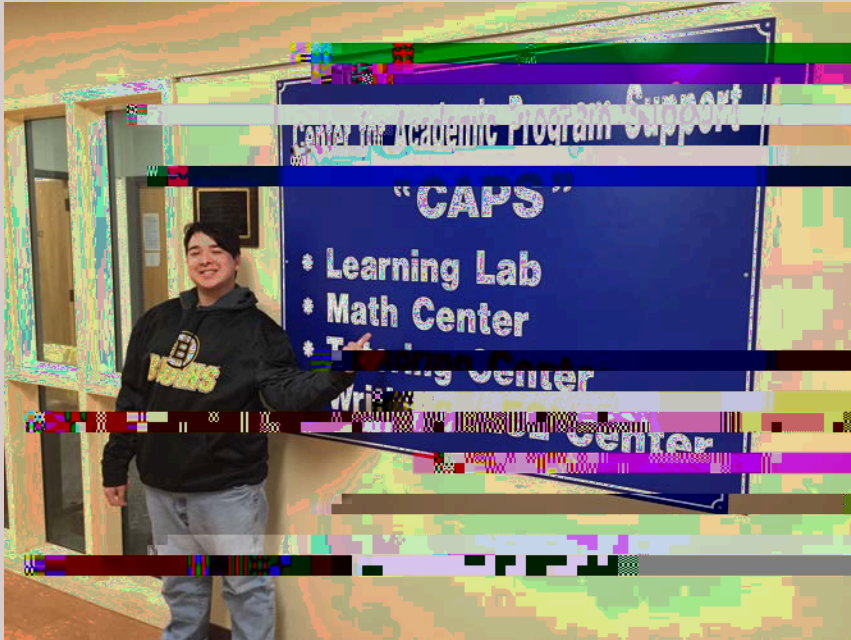


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Using resources

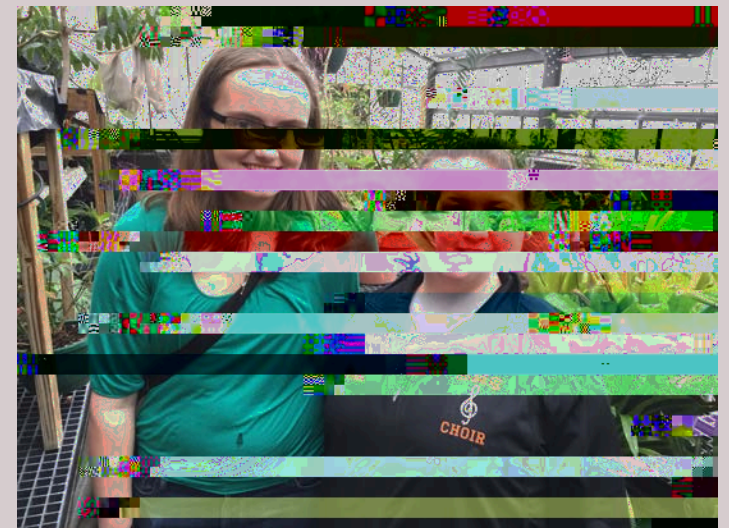


Joining clubs



Managing academic schedule

Developing friendships

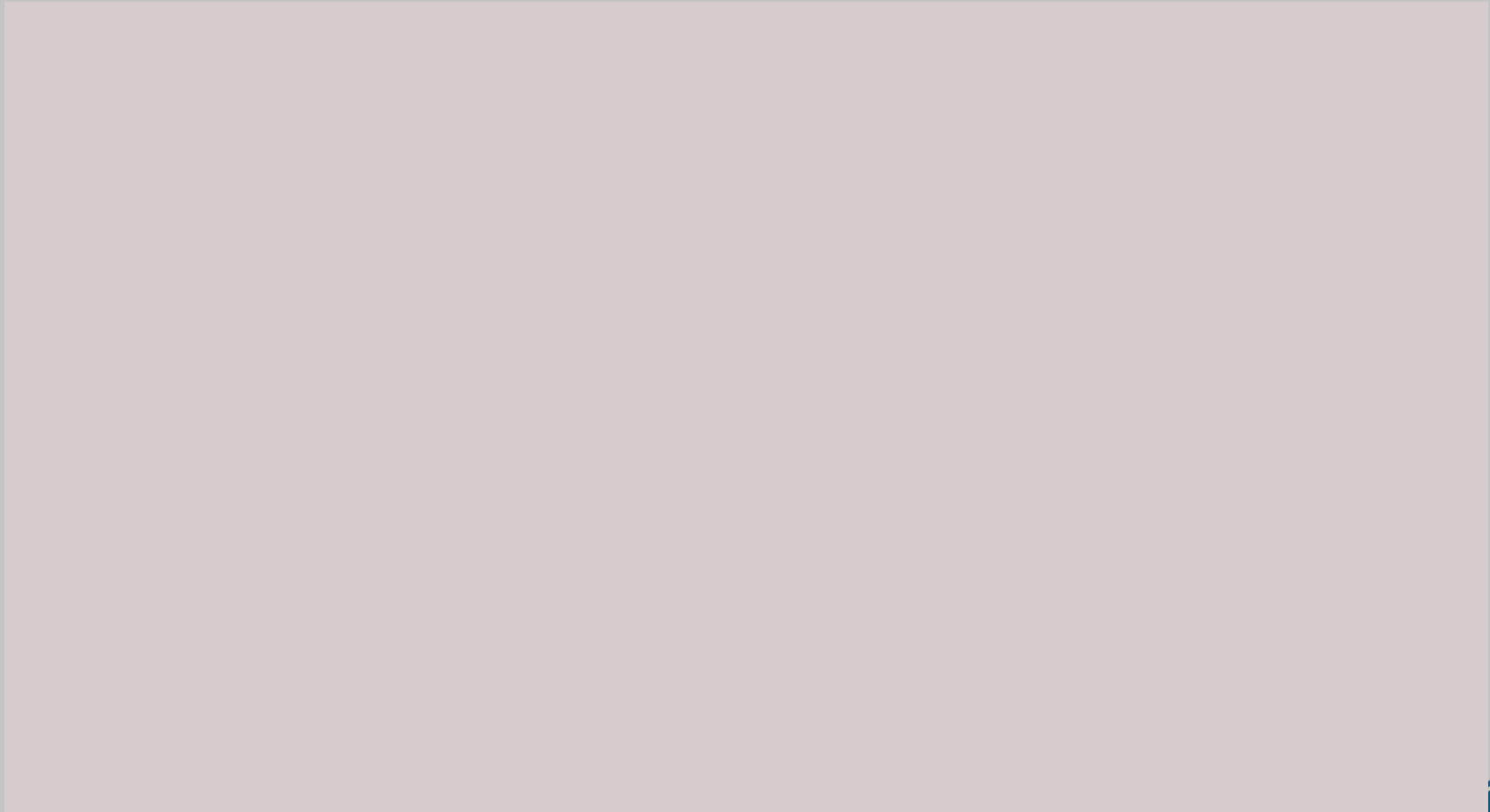


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# Kelly Kavka

## Introduction

My name is Kelly Kavka and I'm 20 years old. I live in Pembroke, MA. I have one brother Nathan and he is 18 years old. He goes to URI for college. I have pets. I got chickens for the first time and love them. I love to get ice cream hanging out with my friends, and staying in contact with my friends at work. I also work at North Pembroke Stop and Shop as a cashier. I am a college student at Bridgewater State University.

## Vision for the Future

I would like to live in an apartment get my own car. I would like to work as a waitress and a bartender at a pub in Bridgewater. I would like to get a drink at my own bar with my friends and go to the Juice M other restaurants to get my meals. I want to get a job at a restaurant to get my own menu.

## Accommodations I Use

- » Extra time on exams and tests
- » Testing outside of the classroom
- » Large font
- » Extended time on tests and assignments
- » Take photos of class notes on my phone
- » Educational Coach
- » I am very social, independent, outgoing, and have excellent customer service.
- » I'm good at using a computer

## Career Goals

- » I want to work at my own pub as a manager
- » I plan to do research online about bartending classes
- » I plan to practice mixing some drinks
- » I would also like to be a waitress

- » I learned how to be a student
- » I learned how to navigate the campus
- » I met new people
- » I learned about dorm life
- » I learned how to be more independent

## Skills I have learned through my life

- » Time management
- » laundry
- » cleaning room
- » setting alarms
- » scheduling meetings
- » going out for events with friends
- » communication skills
- » being responsible for keys
- » knowing who and what to ask if a problem happens





# Sarah Kupris

## Introduction

I live there with my mom. I have two older brothers. I live in Las Vegas and my brother lives in California. I enjoy going to the beach, taking walks and going to the gym.

## Vision for the Future

My vision for the future is to have a job working with young children at a daycare center or at a public school as a teaching assistant. I would like to continue to live at home while I am in college taking classes. Eventually when I get a full-time job, I would like to get an apartment. I would like to finish the MA&CEI program, I would like to get my teaching certificate at Massasoit. In my free time, I would like to hang out with my friends and family. The next step I would like to take is to get a summer job working with young children at Massasoit so that I can be more independent, get a summer job working with young children at Massasoit in the fall to continue to take classes.

## Talents and Personal Attributes

One of my best talents is dancing. I started dancing when I was 7 years old. I won a trophy in 2016 from Performance Dance in Weymouth. I continued to dance until 2017 when I graduated high school. I really have a passion for dancing and miss taking classes and performing. Some of my personality traits are that I am respectful, honest, cheerful, brave, positive, hardworking, adventurous and confident.

## Career goals

- » My career goals are to continue to take classes toward my teaching certificate
- » Get a job working with young children
- » I would like to finish the MA&CEI program
- » Get my teaching certificate at Massasoit.

## Accommodations I use

- » Quiet testing room with no distractions for my exams
- » Extended time on quizzes and exams
- » Use of a computer in class for taking notes
- » I was also allowed to take photos of the notes on my phone.
- » Educational coach

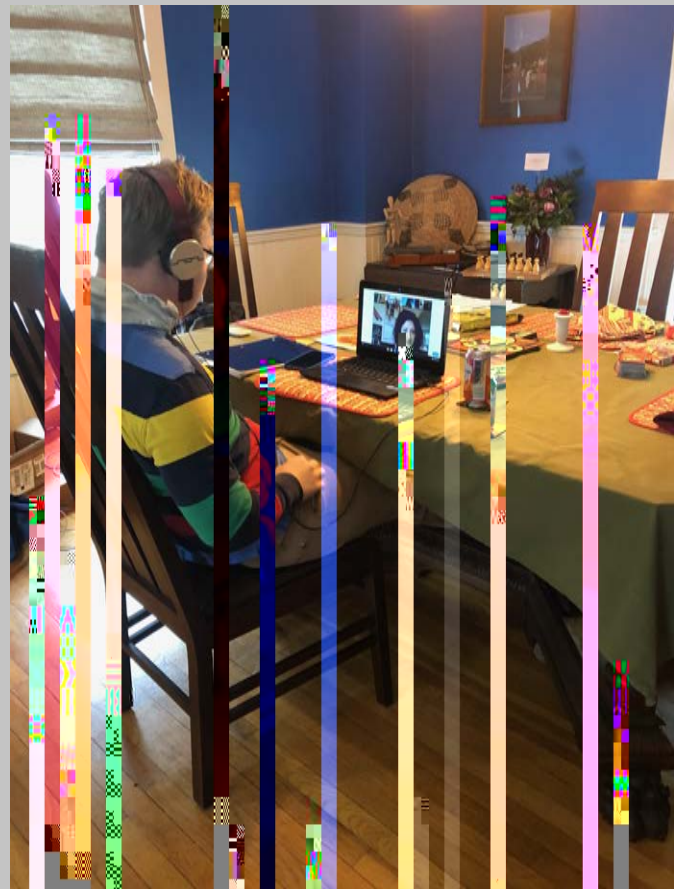
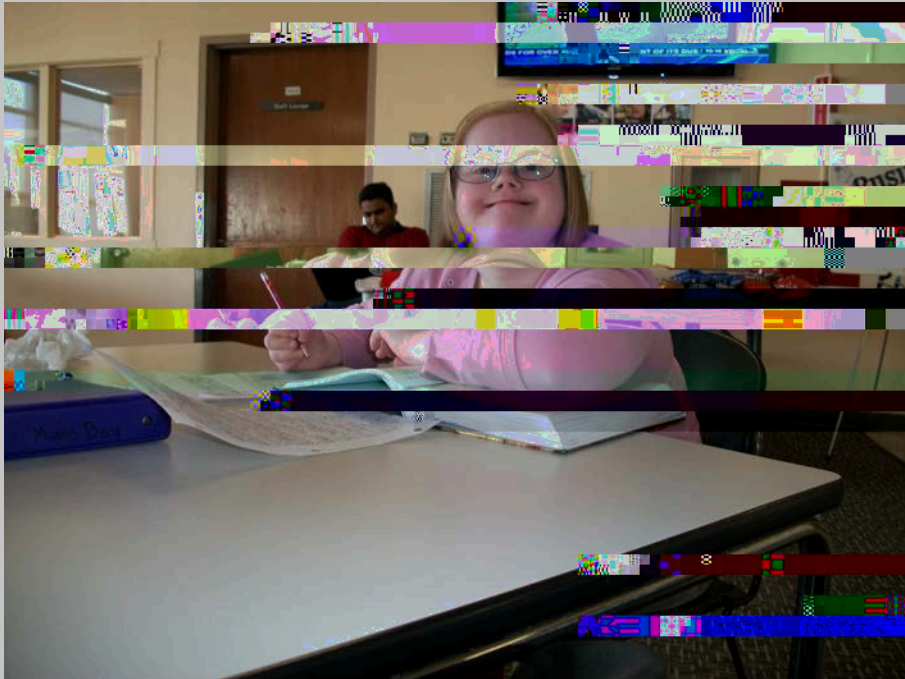
## Skills I have learned at college

- » Being more independent and advocating for myself
- » Learning social skills by being involved in campus life and best buddies
- » Being responsible by attending required meetings
- » Learning job skills by working at my internships and learning resume writing and interview techniques
- » Independent living skills by living on campus as a Resident Assistant
- » I learned how to live with a roommate
- » I learned a lot of about conflict resolution.
- » I also learned how to do my own laundry, how to cook, and I even took classes for credit in my 3rd year





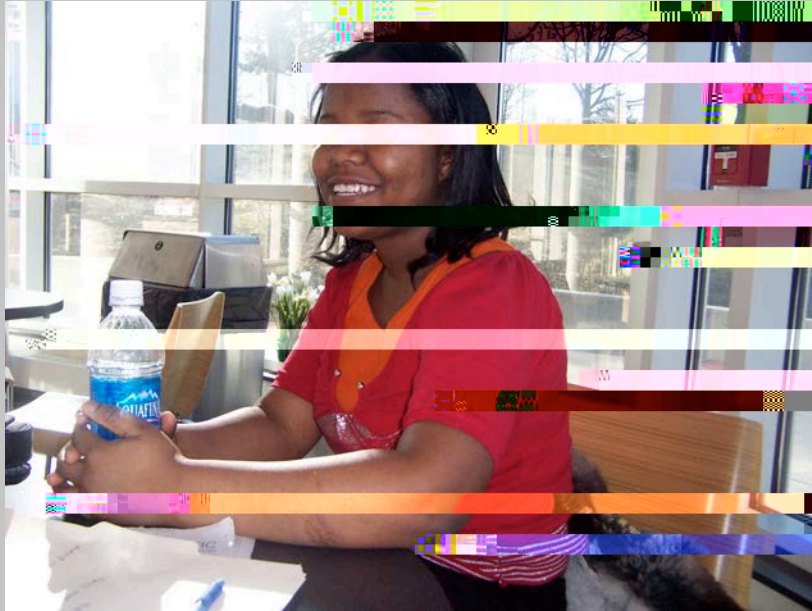
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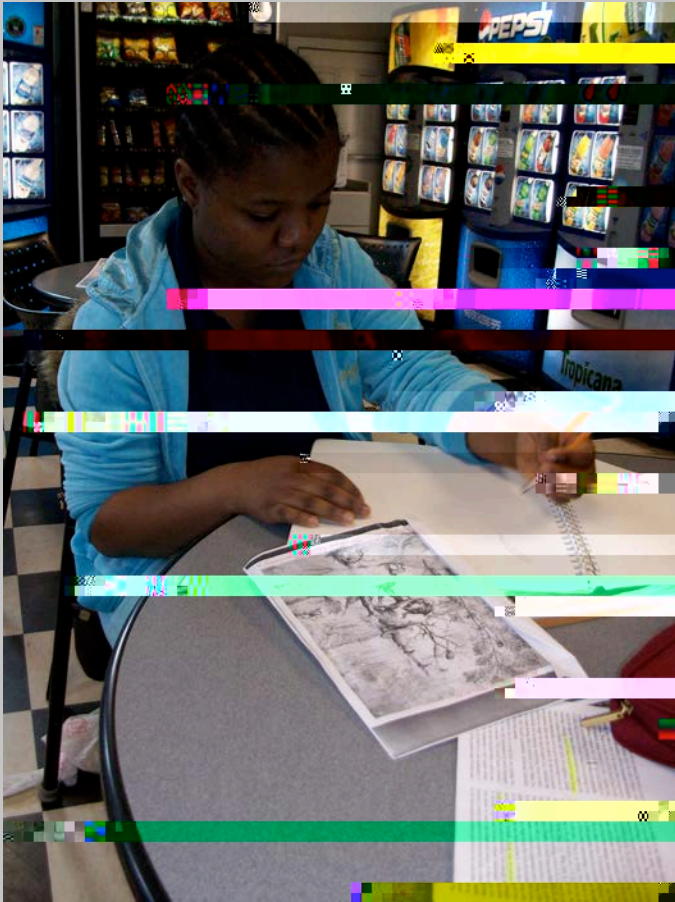


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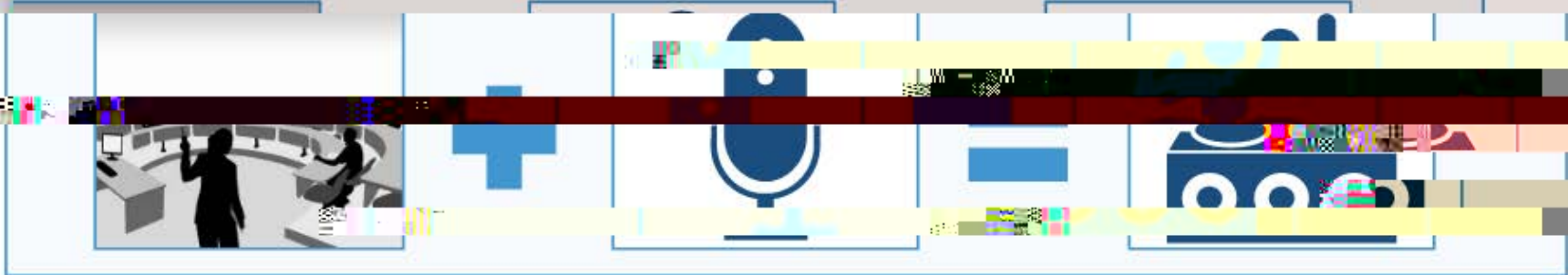


# PAATHWAYS TO SUCCESS OF STUDENT

	PLAN	LEARN	WORK	SUPPORT
<b>High School</b>	Initiated enrolling in class after suggestion from guidance counselor.	I V/Video Production class	Recording high school meetings; sports events. Assisted with studio's social media channel	Project support: instructor
<b>Summer</b>	Developed person-centered plan with transition team. Class selection finalized with coordinator.	Radio production	Internship at college radio station; volunteered to record promos for other DJs.	Received 1:1 support from educational coach in class and internship, became independent navigating campus.
<b>Spring 1</b>	Reviewed short-term academic, social, and vocational goals with program coordinator and career development specialist.	Computer science	Awarded DJ certification. Continued internship on campus.	Received extra support in class. Support provided at radio station internship. Independent in other radio station activities.
<b>Fall 2</b>	Class selection aligned with career goal.	Television studio production and American sign language	Has his own radio show. Appointed station technician and director of audio promotions.	Continued support in class. Independent in radio station activities.

## COLLEGE COURSES

## WU



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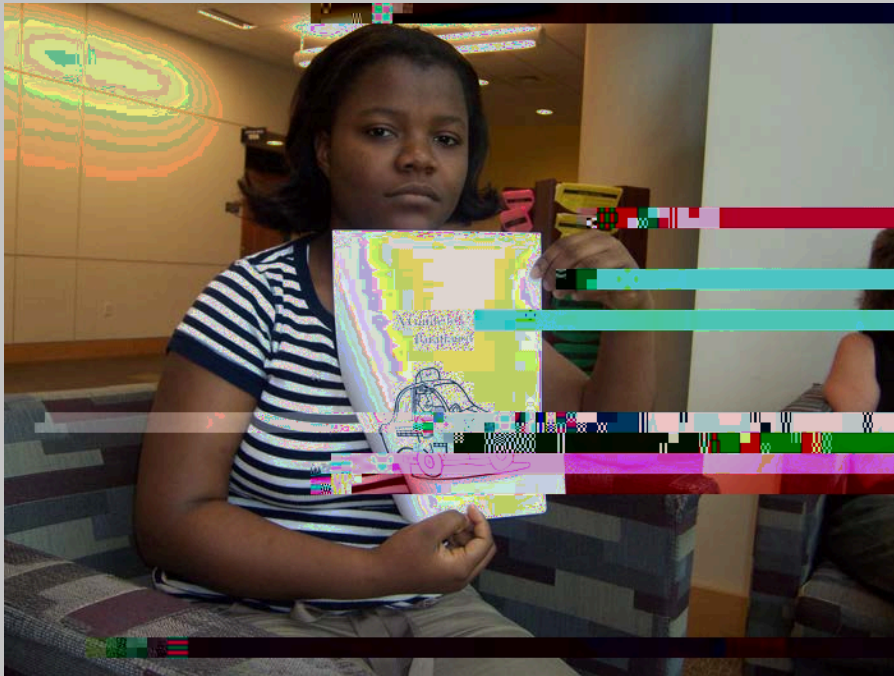




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