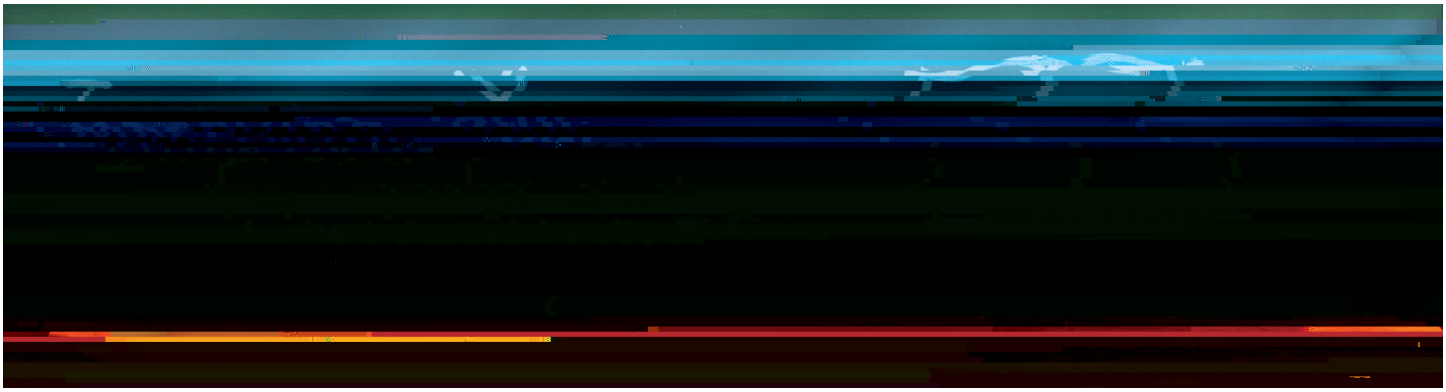
Print Form



Your Name: _____

Choose the answer that best describes you.

Study Habit	Already Do	Plan to Do	Not Interested
Study every day.			
Create a quiet place at home to study.			
Turn off the phone, TV, and other distractions when studying.			
Play quiet background music.			
Study in a way that suits your learning style.			
Take short but frequent breaks, like 5 minutes every half hour.			
Study early (don't wait until the last minute).			

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